

## Provide First Aid HLTAID003 (Formally Known as Level 2)

This nationally accredited course provides participants with the essential skill and knowledge required to manage life threatening emergencies. It is relevant for people working in the education, aged care, sport, outdoor recreation, hospitality, industry enterprises as well as in the home or other environments. Worksafe deems this course is “the minimum acceptable level of training for first aid officers “ 4.1 2008 Compliance Code.

### Course Content:

- **Respond in an emergency situation**
  - Airway and breathing management
  - CPR Techniques
  - Considerations when providing first aid including:
    - ✓ Appropriate duration and cessation of CPR
    - ✓ Appropriate use of an AED and demonstration of ability to follow prompts
    - ✓ Standard Precautions & Infection Control
  
- **Apply Appropriate First Aid Procedures**
  - Principles & Procedures for the First Aid management of the following scenarios:
    - abdominal injuries
    - allergic reactions
    - anaphylaxis
    - bleeding control
    - burns
    - cardiac conditions
    - choking and airway obstruction
    - cold and crush injuries
    - diabetes
    - dislocations
    - drowning
    - envenomation
    - environmental impact (including hypothermia, hyperthermia, dehydration and heat stroke)
    - epilepsy
    - eye and ear injuries
    - fractures
    - head, neck and spinal injuries
    - minor skin injuries
    - needle stick injuries
    - poisoning and toxic substances
    - respiratory distress, including asthma
    - seizures
    - severe allergic and anaphylactic reactions
    - shock
    - unconsciousness, abnormal/ not breathing
    - soft tissue injuries
  
- **Communicate Details of the incident**
- **Evaluate own Performance**

### Qualification

- A nationally- recognised Statement of Attainment will be issued to all successful applicants.
- The qualification will be valid for 3 years and the Australian Resuscitation Council recommends a CPR update every 12 months.

### Duration

Flexible delivery, 1 day training.

Theory workbook to be completed prior to training date.

### Prerequisites

There are no prerequisite units. Participants should have numeracy and literacy skills equivalent to level 2 of the National Reporting System.

### Assessment methods

Formative assessment throughout the course. This includes the demonstration of practical skills and answering of written and oral questions.